



BASIC LIFE SUPPORT COURSE

This course provides essential knowledge and practical skills required to deliver effective basic life support in emergency situations. Participants will be trained in cardiopulmonary resuscitation (CPR), including proper chest compression and rescue breathing techniques, as well as the safe and correct use of automated external defibrillators (AEDs). In addition, the program covers key first aid procedures such as managing choking, bleeding, burns, and sudden medical emergencies. Through hands-on practice, demonstrations, and guided scenarios, participants will build the confidence to respond quickly and appropriately—helping to stabilize individuals and potentially save lives before professional medical assistance arrives.

Learning Outcomes

- Explain the principles and importance of Basic Life Support and early intervention in emergency situations.
- Identify signs of cardiac arrest, respiratory distress, and choking across different age groups.
- Demonstrate correct CPR techniques, including High Performance CPR, in accordance with approved guidelines.
- Operate an Automated External Defibrillator (AED) safely and effectively as part of an integrated CPR response.
- Differentiate BLS procedures for adults, children, infants, and special populations.
- Perform appropriate life-saving responses during simulated emergency scenarios with confidence and accuracy.

→ Modules

Module 1: Introduction to Basic Life Support
 Module 2: Anatomy and Physiology
 Module 3: Cardiopulmonary Resuscitation (CPR) Basics
 Module 4: Automated External Defibrillators (AEDs)
 Module 5: Choking and Airway Management
 Module 6: Special Considerations
 Module 7: Simulation and Practical Application
 Assessment:

- Written exam on basic life support principles
- Practical skills assessment on CPR+AED use, Choking on Adult, Children and Infant



**Trainer
Ken Chia**

Ken Chia is a qualified First Aid and Life Support Trainer with a strong medical and emergency response background. He holds a Bachelor of Arts (Hons) in Psychology and is a certified Emergency Medical Technician (SKM) as well as an HRD Corp Accredited Trainer.

He is a certified Basic Life Support (BLS) Instructor endorsed by the National Heart Association of Malaysia (NHAM) and holds advanced certifications including Advanced Cardiovascular Life Support (ACLS), Pre-Hospital Life Support, and Paediatric Pre-Hospital Life Support under MOH Malaysia and HUKM. Ken specializes in delivering First Aider / BOFA, CPR & AED, Basic Life Support, Emergency First Aid, and Paediatric First Aid programs with strong emphasis on hands-on practice and real-life application. With extensive frontline experience as a Volunteer EMT for 999 Emergency Services, APM member, and medical standby personnel for major public events, Ken brings real-world insight into every training session. He conducts training in English, Bahasa Malaysia, Mandarin, and Chinese dialects, ensuring effective learning across diverse groups.

BOOK IN A QUICK CALL

+6019 572 0449



enquiry@knowledge-evo.com



www.knowledge-evo.com

BASIC LIFE SUPPORT COURSE

1. Overview:

In today's fast-paced and people-driven workplace, technical skills alone are no longer enough. The ability to understand different personalities, communicate effectively, and adapt one's approach is critical to achieving success in sales, delivering exceptional customer service, and building high-performing teams. DISC provides a practical and powerful framework to decode human behaviour and enhance interpersonal effectiveness.

In this program, the participants will learn how to identify different DISC personality styles, adapt their communication approach for better influence, handle objections and difficult situations confidently, and build stronger relationships with clients, customers, and team members. Participants will also learn how to apply DISC in real workplace scenarios to improve sales conversions, customer satisfaction, and team collaboration.

2. Learning Outcomes:

Upon completion of this one-day training program, participants will be able to:

- Module 1: Introduction to Basic Life Support
- Module 2: Anatomy and Physiology
- Module 3: Cardiopulmonary Resuscitation (CPR) Basics
- Module 4: Automated External Defibrillators (AEDs)
- Module 5: Choking and Airway Management
- Module 6: Special Considerations
- Module 7: Simulation and Practical Application

3. Target Audience:

- Healthcare professionals, first responders, and BLS certification candidates. Basic English proficiency required.

4. Location:

- Petaling Jaya, Selangor

5. Course Outline:

DAY ONE

9:00am – 10:30am

Module 1: Introduction to Basic Life Support

- Overview of basic life support principles
- Importance of early intervention

Module 2: Anatomy and Physiology

- Understanding the cardiovascular system
- Recognizing signs of respiratory distress
- Importance of oxygen delivery to vital organs

10:30am – 11:00am Coffee Break

11:00am – 1:00pm

Module 3: Cardiopulmonary Resuscitation (CPR) Basics

- Recognizing cardiac arrest
- Performing chest compressions and rescue breaths
- High Performance CPR technique

Module 4: Automated External Defibrillators (AEDs)

- Introduction to AEDs and their use
- Proper placement and operation of AED devices
- Integrating AED use with CPR techniques

1:00pm – 2:00pm Lunch Break

2:00pm – 3:15pm

Module 5: Choking and Airway Management

- Identifying and responding to choking emergencies
- Techniques for clearing airway obstructions
- Differentiating between adult, child, and infant procedures

3:15pm – 3:30pm Coffee Breaks

3:30pm – 5.00pm

Module 6: Special Considerations

- Basic life support for infants and children
- AED usage on infants and children
- Recognizing and responding to special populations (e.g., pregnant women, elderly individuals)

4:30pm – 5:00pm

Module 7: Simulation and Practical Application

- Hands-on practice of CPR and AED techniques
- Scenario-based simulations for real-world application
- Assessment and certification process

Assessment:

- Written exam on basic life support principles
- Practical skills assessment on CPR+AED use, Choking on Adult, Children and Infant

Endorsement: This certification is endorsed by National Heart Association of Malaysia (NHAM) by following AHA protocols.

6. Certificate:

- Participants will be issued a Basic Life Support Certification valid for 3 years upon successful completion of this training program

7. Registration Method:

- Online: <https://knowledge-evo.com/index.php/events2/>
- Contact our office: +6019 572 0449 or Email: enquiry@knowledge-evo.com

8. Course Fee & HRD Corp Claimable:

- RM500 per pax (inclusive of 8% SST)
- HRD Corp Claimable - Yes
- 5% Group discount is available - min 3 pax.

9. Training Date:

- 3 June 2026 (9am - 5pm with 2 Coffee Breaks and 1 Lunch included)
- 2 July 2026 (9am - 5pm with 2 Coffee Breaks and 1 Lunch included)
- 4 August 2026 (9am - 5pm with 2 Coffee Breaks and 1 Lunch included)
- 15 August 2026 (9am - 5pm with 2 Coffee Breaks and 1 Lunch included)

REGISTRATION FORM

Program Name			
Company Name			
Address:			
Tel & Extension No (if any):		Email:	
Participant Name #1			
Designation:	Email:		
Participant Name #2			
Designation:	Email:		
Participant Name #3			
Designation:	Email:		

The JD14 Form/ Invoice should be directed to Mr/ Ms (Dept):

Name of Authorizing Manager:	
Tel & Extension No (if any):	Email:
Designation:	Department:
<div style="display: flex; justify-content: space-between; margin-top: 20px;"> <div style="width: 45%;">Signature:</div> <div style="width: 45%;">Company Stamp:</div> </div>	

Please make your cheque payable to: Knowledge Evolution Sdn Bhd | MAYBANK 5123-5231-7482

*Please indicate the invoice number in the reference section for online transfers and send the bank in slip receipt to WhatsApps +6019 572 0449 or email: enquiry@knowledge-evo.com

NOTE:

1. Date & venue of seminar subject to change.
2. Payment must be made 14 days before the training date.
3. Registration cancelled 14 days prior to the event is subject to RM100 service charge per participant.
4. No refunds for notice received less than 14 days prior to the event. A substitution may be made at any time at no extra charge.
5. Program content may change subject to revision by our consultants from time to time.
6. Full fee is required with your registration. 5% Group discount is available - min 3 pax.